

# DIAPERING ROUTINE

- 1 Gather needed supplies**  
An illustration showing a box of Baby Wipes, a yellow bottle of disinfectant, and a pair of light blue gloves.
- 2 Wash your hands**  
An illustration of a woman with brown hair, wearing a purple jacket, washing her hands at a sink with blue soap suds.
- 3 Put on disposable gloves**  
An illustration of the woman putting on a pair of light blue disposable gloves.
- 4 Clean child's bottom. Discard soiled diaper and wipes**  
An illustration of the woman cleaning a child's bottom while the child lies on a changing table. She is wearing gloves.
- 5 Remove and discard gloves. Wash your hands**  
An illustration of the woman removing a pair of light blue gloves and discarding them.
- 6 Diaper and dress the child**  
An illustration of the woman diapering and dressing the child on the changing table.
- 7 Help the child wash their hands. Return child to a supervised area**  
An illustration of the woman helping the child wash their hands at a sink.
- 8 Put on new pair of disposable gloves. Clean and disinfect diaper pad, if disposable paper liner is not used. Ensure disposable paper liner is discarded after each diaper change**  
An illustration of the woman cleaning and disinfecting a diaper pad on a changing table. She is wearing gloves.
- 9 Remove and discard gloves. Wash your hands**  
An illustration of the woman washing her hands at a sink.

For more information refer to *A Public Health Guide For Child Care Providers* at [york.ca/ChildCareGuide](http://york.ca/ChildCareGuide)

Please note that additional public health measures may be advised during an outbreak or pandemic by York Region Public Health and the Ministry of Education.

**PUBLIC HEALTH**

[york.ca/ChildCareGuide](http://york.ca/ChildCareGuide)

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