

TOGETHER, WE CAN BECOME



TRASH BLASTERS!

YOU CAN HELP SUPPORT YOUR SCHOOL'S WASTE REDUCTION INITIATIVES BY PACKING A LITTERLESS LUNCH FOR YOUR CHILD!

What is a litterless lunch?

A litterless lunch is one where everything in the lunch is reusable or compostable and nothing goes in the garbage. This includes using refillable drink containers and reuseable sandwich and snack containers.

WASTE MANAGEMENT

york.ca/waste


York Region

WHY GO LITTERLESS?

Healthier: Many prepackaged foods are processed foods high in sodium, fat, sugar and preservatives.

Better control: By using reusable packaging you have better control over the food your child eats and the portion size. You can even dilute their juice with water to reduce the sugar content your child is consuming.

Cleaner: When partnered with a boomerang lunch program, unfinished foods can be packed back into their resealable containers, versus spilling all over the lunch box on its journey back home.

Cheaper: Many snack items can be purchased at a lower cost if not prepackaged as single servings.

Flexible: If your child is unable to finish a morning snack or drink, they can seal it up and save it for lunch or afternoon snack. It's a great way to see what your child's new likes and dislikes are too!

Great for the environment: By not sending single-use, disposable items you will reduce the amount of waste being generated and resources wasted. There will be less food waste as the kids can pack it up and eat it later.

WHAT DO I NEED TO MAKE A LITTERLESS LUNCH?

