

COVID-19 Social Care Guidance and Resources

Update for York Region Health Professionals as of December 11, 2020

Throughout the COVID-19 pandemic, vulnerable populations have been disproportionately impacted. According to the [City of Toronto](#), as of September 30, 2020, 83% of COVID-19 cases in Toronto involved racialized communities whereas 52% of Toronto's population identify as belonging to a racialized group. Approximately 50% of COVID-19 cases in Toronto reported having lower household income, whereas 30% of the city population fell within the lower household income category; indicating those with lower household income (<\$50,000) may be disproportionately affected by COVID-19. These alarming trends are seen across Ontario as well as Canada wide and in other countries.

York Region Public Health is providing health and social care providers a **guidance resource** created jointly by the Centre for Effective Practice, University of Toronto Department of Family & Community Medicine and the Upstream Lab, to better support patients with social and economic conditions that impact their health as caused or exacerbated by COVID-19. This guidance will address the social determinants of health and an individuals' social history which will allow health and social care providers to make referrals to appropriate community resources.

The guidance resource in the links below can be bookmarked and used [online](#) or via the [print-ready PDF](#) and includes resources in five key areas: finance, food access, housing, loneliness and safety concerns. Additional resources include services and resource connectors, legal service and tools for vulnerable populations.

Website: [Social Care Guidance in the COVID-19 Context](#)

[Print-ready PDF](#)

Additional Resources

COVID-19 Resource Centre: <https://cep.health/toolkit/covid-19-resource-centre/>

Published by the Centre for Effective Practice, this resource centre provides evidence that helps adapt your practice to the changing environment. Information includes: COVID-19 Clinical Guidance and Care; Primary Care Operations; Chronic Conditions/Disease Management; Mental Health and Addictions; Pain; Preventive Care; Specific Populations; Navigating Patient Concerns; and Local Services

York Region Supports and Resources: york.ca/covid19

[Community Supports](#)

[Mental Health and Wellbeing](#)

Access York: 1-877-464-9675 TTY: 1-866-512-6228 (Monday to Friday: 8:30 a.m. to 4:30 p.m.)

For more information

Visit york.ca/healthprofessionals often to stay up-to-date on the latest information regarding COVID-19.

Health professionals can call our dedicated health professional COVID-19 line at 1-877-464-9675 ext. 77280 (Monday to Friday: 8:30 a.m. to 4:30 p.m.)

Continue to visit york.ca/covid19 and Ontario.ca/covid19 for up to date information on COVID-19.

PUBLIC HEALTH

york.ca/healthprofessionals

