

April 30, 2021

Warning

DRUG/OPIOID SAFETY

Between April 12th to 25th, York Region has seen 6 suspected drug-related deaths and opioids have not been ruled out by the coroner. They occurred in areas of Vaughan and Newmarket.

Remember:

- Carry naloxone
 - Call York Region Public Health for naloxone and other harm reduction supplies at 1-877-464-9675 ext. 76683
- A buddy system is safer than using alone. When using substances, use with someone else and take turns spotting for one another
 - If possible, stay six feet from your buddy if you're not from the same household to reduce COVID-19 transmission
 - If you're alone, consider reaching out to **The Krasman Centre Safer Use Peer Support Line** (1-888-233-5633) or **National Overdose Response Service** (1-888-688-6677). These services will support you over the phone and call 911 if needed
- Before using, **ask others about what they are experiencing** with the same drug or batch

Signs of an opioid overdose:

- Not able to wake up or limp
- Blue or grey lips or nails
- Slow or no breathing
- Tiny pupils or eyes are rolled back

If you notice any of these signs, give naloxone and call 911

If you are feeling depressed, lonely, anxious, scared, angry, or have other mental distress, call **310-COPE** at 1-855-310-2673 or (TTY) 1-866-323-7785.

Report a bad reaction to drugs or overdose concerns to York Region Public Health at [York.ca/ReportBadDrugs](https://www.york.ca/ReportBadDrugs).

PUBLIC HEALTH
[york.ca/opioids](https://www.york.ca/opioids)

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The logo for York Region, featuring a stylized white bird or wing shape above the text "York Region" in a white serif font, all set against a blue background.