

June 11, 2021

Warning

DRUG/OPIOID SAFETY

Last week, the City of Barrie saw an increase in suspected opioid overdoses, specifically in the downtown Barrie area. It is unknown what substances were involved, but Barrie Police Service suspect a bad batch of fentanyl is circulating in the community. Simcoe Paramedics reported a high of 20 calls on Thursday June 3, 2021 and Royal Victoria Regional Health Centre saw 25 suspected drug overdose ED visits in the last week compared to an average of 11 visits in recent weeks.

Remember:

- Carry naloxone
 - Call York Region Public Health for naloxone and other harm reduction supplies at 1-877-464-9675 ext. 76683
- A buddy system is safer than using alone. When using substances, use with someone else and take turns spotting for one another
 - If possible, stay six feet from your buddy if you're not from the same household to reduce COVID-19 transmission
 - If you're alone, consider reaching out to **The Krasman Centre Safer Use Peer Support Line** (1-888-233-5633) or **National Overdose Response Service** (1-888-688-6677). These services will support you over the phone and call 911 if needed
- Before using, ask others about what they are experiencing with the same drug or batch

Signs of an opioid overdose:

- Not able to wake up or limp
- Blue or grey lips or nails
- Slow or no breathing
- Tiny pupils or eyes are rolled back

If you notice any of these signs, give naloxone and call 911

If you are feeling depressed, lonely, anxious, scared, angry, or have other mental distress, call **310-COPE** at 1-855-310-2673 or (TTY) 1-866-323-7785.

Report a bad reaction to drugs or overdose concerns to York Region Public Health at [York.ca/ReportBadDrugs](https://www.york.ca/ReportBadDrugs).

PUBLIC HEALTH
[york.ca/opioids](https://www.york.ca/opioids)

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York Region