

DRESSING FOR WINTER

Enjoy your favourite outdoor activities in the winter by keeping children safe and warm. Wear layers and check your local weather forecast before heading outside.

DRESS IN LAYERS

Wear 2-3 layers of windproof and waterproof clothing to play in the snow!

Inner layer with wicking properties prevents moisture

Outer layer keeps out wind and snow



Insulating middle layer retains body heat

Warm hat



Mittens

Wool socks and boots (waterproof!)



Scarf

Snow pants



Pack extra gloves!