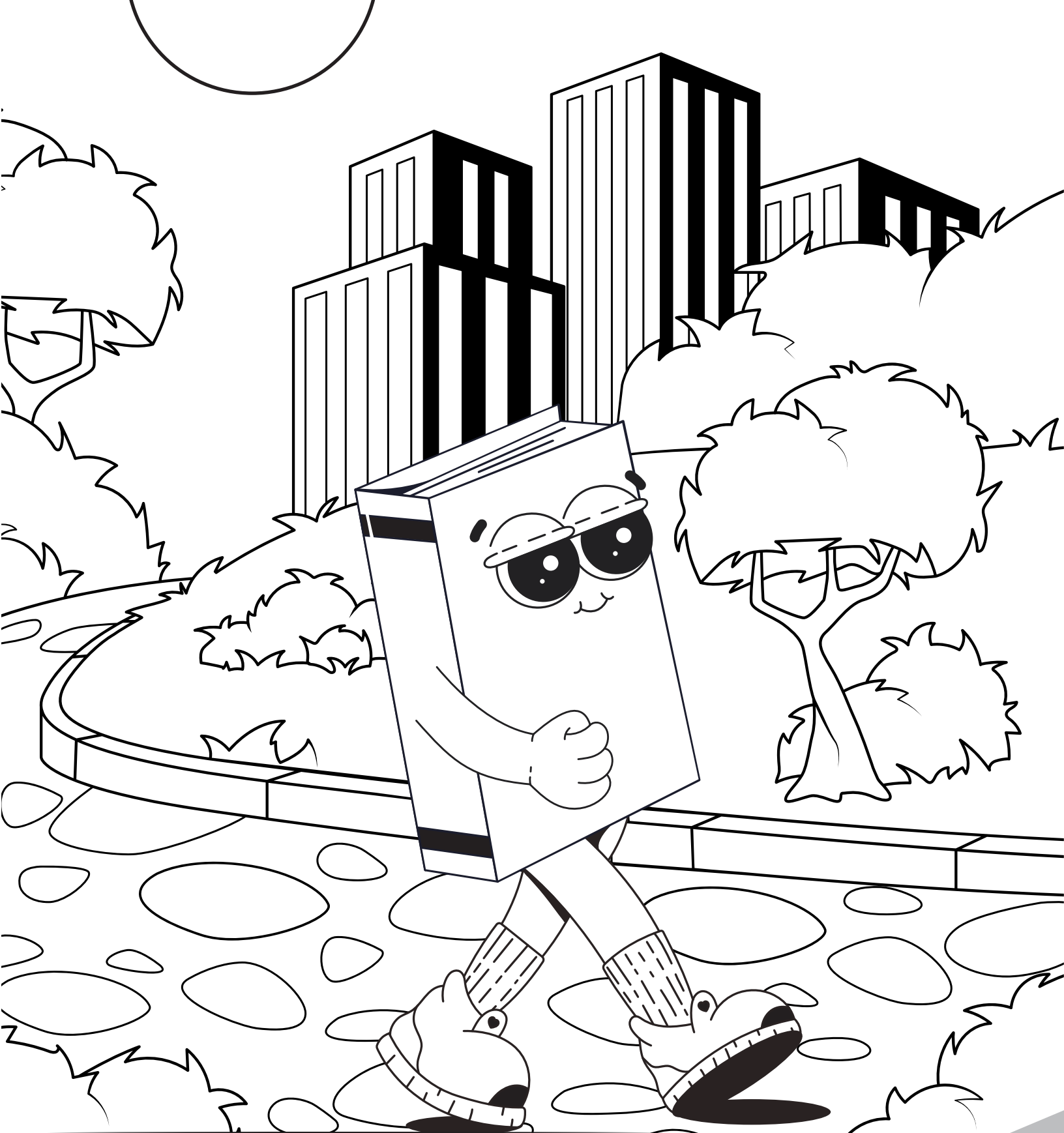


BUILDING Healthy KIDS

Healthy schools rock!

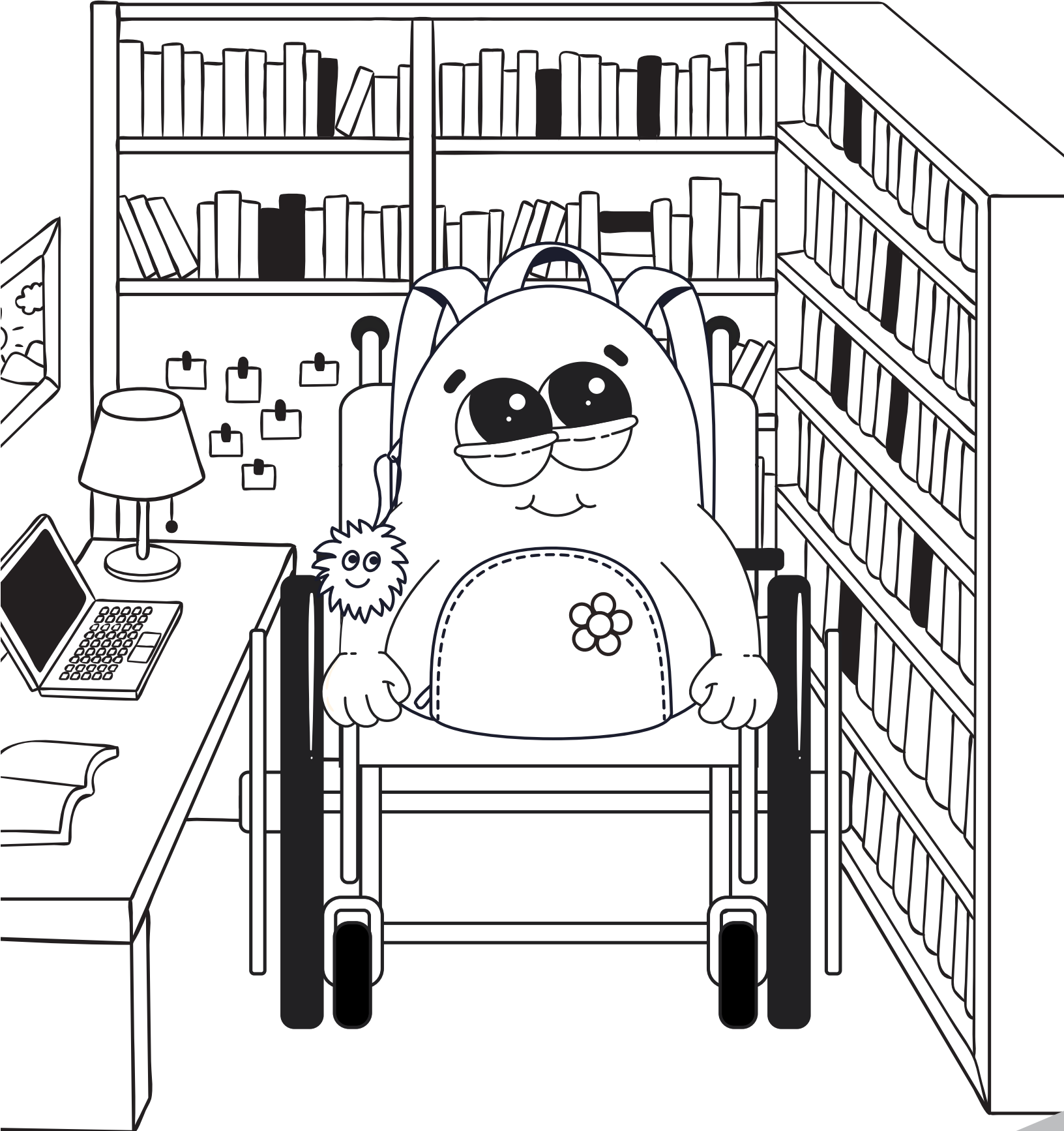
We all have a role to play in promoting and protecting public health – and it starts with kids! Each season, we highlight a different theme on york.ca/HealthyKids to help educate and inform families about timely and relevant health topics to help build healthy, resilient children.



BUILDING Healthy KIDS

Get active your way everyday

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BUILDING Healthy KIDS

Be kind to your mind

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