

Struggling with difficult situations? We can help.



Social Work Program for Housing York Inc. Residents

York Region offers social work supports for residents living in Housing York Inc. communities.



Social Workers take a client-centred, collaborative and goal focused approach to support individuals and households dealing with complex situations, such as:

- Encouraging stable tenancies and supporting a sense of belonging
- Managing family dynamics
- Adjusting to life changes, grief or bereavement
- Planning for the future and creating advanced care plans
- Preventing eviction
- Managing hoarding and clutter
- Advocating for client needs, including for physical and mental health supports

Social Workers can also help with:

- Setting short and long-term goals
- Supportive counselling
- System navigation to help connect with community resources or programs
- Referrals to supportive programs and advocacy for the client's needs

**Anyone experiencing a mental health crisis should call
1-855-310-COPE (2673).**

People with severe primary mental health diagnosis may be better served by a mental health case manager or healthcare provider.

To learn more about the program, please contact the Intake Representative at:

CISS.Intake@york.ca or 1-877-464-9675 ext. 73433

REFERRALS

If you feel you would benefit from social work support services, please complete the [Community Support Services Intake Form](#)