

I Don't Flush

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Do you ever think about what you flush and where it goes?

Most things we do each day require water, and we use it in many ways. However, many items that we use can't go down the drain or in our toilets.

Watch the following video and use the questions to engage in group discussion:

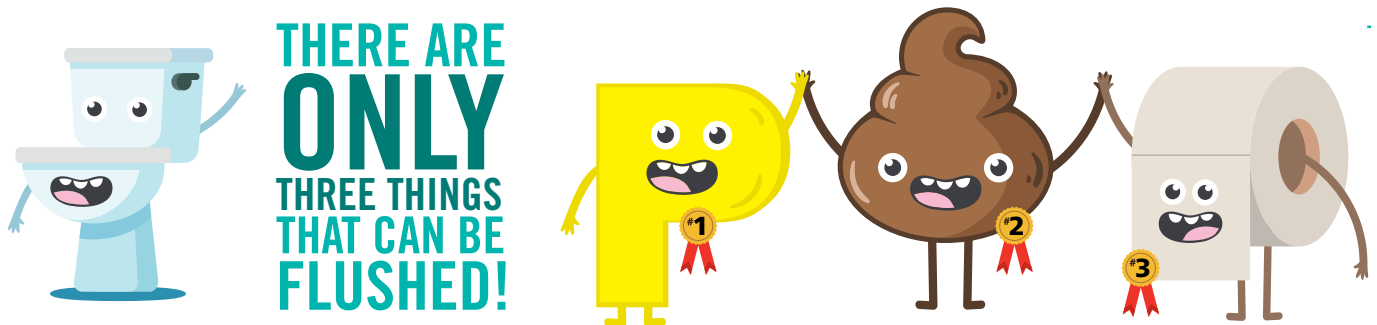
["I don't flush – personal care products"](#) [1:21 mins]

- What are examples of items that you should not flush down the toilet?
- What items are okay to flush?
- What could happen if you flush things that shouldn't go down the drain?

I Don't Flush Activity

Create a poster, slogan or jingle to teach family and friends what items are safe to flush. Here are some ideas for inspiration:

- '3Ps in the T' - only flush Pee, Poo and (toilet) Paper down the toilet
- If in doubt, just throw it out!
- If you didn't eat it or drink it, please don't flush it (except for toilet paper!)



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What are examples of items that you should not flush?

- wet wipes, personal care products, cotton swabs, facial tissues, dental floss, goldfish, cell phones, toys, gum, food scraps

What items are okay to flush?

- #1 (pee), #2 (poo), toilet paper – that's it!

What could happen if you flush things that shouldn't go down the drain?

- Expensive repairs
- Floods or wastewater back-ups into your home
- Clogs in the toilets and pipes
- Service disruptions
- Damage pipes and machinery at the treatment plants
- Overflow or spills into rivers and lakes