

# #LetsCook30

## GARLIC OREGANO ZUCCHINI

**Servings:** 4

**Ready in about:** 15 minutes

1 small clove	garlic, minced
1 tbsp	vegetable oil
2 medium	zucchini, sliced
1/2 tsp	dried oregano
1/4 tsp	salt
pinch	pepper

### INSTRUCTIONS:

1. In a large frying pan, cook and stir the garlic in oil over medium heat for 1 minute. Add the zucchini, oregano, salt and pepper. Cook and stir for 4 – 6 minutes or until zucchini is crisp-tender.

Source: Garlic Oregano Zucchini. [www.tasteofhome.com](http://www.tasteofhome.com). Accessed 2019.

### PUBLIC HEALTH

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