



Adult DAY PROGRAMS

Our Adult Day Programs provide a variety of mentally and physically stimulating activities in a secure environment. They give participants an opportunity to socialize and offer caregivers support and respite. Trained, professional program staff work closely with our clients and their families to ensure the goals of the Adult Day Programs are met.

Virtual programming is available daily from Monday to Friday on the online platform, Zoom. Weekly activity and resources are sent to clients via email that include a variety of activities such as online exercise videos, music and trivia.

Our primary goal is to protect our clients and program staff while providing fun, stimulating and safe activities and programming. We continue to implement infection prevention and control measures in accordance with guidelines from the Ministry of Health and York Region Public Health.

OUR ADULT DAY PROGRAMS

- Provide daily activities and exercises to meet our clients physical, social, intellectual, emotional and spiritual needs
- Use individualized client care plans
- Have an accessible and secure outdoor area for our clients to enjoy
- Are listed on a monthly calendar that highlight special events and theme days throughout the year



MEALS

A nutritious lunch and morning and afternoon snack are served daily.



FEES

Each program has a daily fee for service. Subsidies are available for qualified participants upon intake to the program.



TRANSPORTATION

Families are encouraged to drop off and pick up their loved ones or arrange transportation with York Region Transit Mobility Plus (YRT). Our program staff can provide you with the Mobility Plus application or you can download it from yrt.ca



MEDICATION REMINDERS

The caregiver must advise program staff of any medications to be taken during program hours. Program staff can only provide reminders to clients to take required medications.

LOCATIONS

MAPLE HEALTH CENTRE

10424 Keele Street
City of Vaughan

The Club

Monday and Thursday
7:30 a.m. to 6 p.m.

The Meeting Place

Monday to Friday
7:30 a.m. to 6 p.m.

For adults over the age of 18 with an Alzheimer's or dementia diagnosis who could benefit from some support and supervision.

For questions about our Adult Day Programs, contact:

1-877-464-9675 ext. 76079

To be referred to our Adult Day Programs, contact:

Home and Community Care

1-888-470-2222

There are some eligibility requirements for our Adult Day Programs. For more information, visit: york.ca/AdultDayProgram

Funding support provided by:



KESWICK GARDENS

43 The Queensway North
Town of Georgina
Monday to Friday
7:30 a.m. to 5 p.m.

For adults over the age of 18 who are frail, socially isolated, or diagnosed with Alzheimer's, dementia, an acquired brain injury or aphasia or other age-related illnesses and could benefit from some support and supervision.

SAMPLE DAILY ACTIVITIES

- 7:30 Welcome coffee, cards and colouring
- 9:30 Discussion group
- 10:00 Word Games
- 10:30 Bowling
- 11:00 History of Soccer
- 11:30 Music: Sing a long
- 1:00 Chair exercises
- 2:00 Fall Craft
- 3:00 Hot towels and relaxation breathing
- 4:00 Table Games and Puzzles